Kreisau-Initiative

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Fair Moves: Connection

16.09. – 23.09.2025 – AVRIG, ROMANIA



Erasmus+
Enriching lives, opening minds.

Welcome to the project!



The project “Fair Moves: Connection” builds on the long-standing tradition of educational work for inclusion carried out by Kreisau-Initiative e.V. and continues the “Fair Life” series. The focus of this year’s edition is connection – with nature, with other people, with the local community, and with oneself.

In the unique setting of **Avrig (Romania)** – a new location for the project – we create a space for slowing down, mindfulness, and discovering new perspectives. Through contact with nature, creative workshops, movement, and dialogue, participants will explore what connection means in personal, social, and communal contexts.



At the heart of the project is the inclusive approach – people of diverse abilities, experiences, and backgrounds meet on equal terms. Every voice matters – both in the daily life of the group and in interactions with the local community.
Joint activities with the residents of Avrig strengthen the sense of solidarity and offer opportunities for active engagement and leaving a positive trace behind.

“Fair Moves: Connection” is a project where inclusion, authentic encounters, and conscious relationship-building become both a personal experience and a social attitude.

Event Location – Domeniul Roa, Avrig (Romania)

The project takes place at **Domeniul Roa** – a peacefully located hotel complex on the outskirts of the town of **Avrig**, approximately a 45-minute drive from Sibiu Airport.

The venue offers ideal conditions for shared learning, exchange of experiences, and relaxation in a natural setting.

Participants are provided with **full board** (breakfast, lunch, and dinner). Meals can be flexibly adapted to individual dietary needs (e.g., vegetarian, vegan, gluten-free, etc.).

Address: Valea Avrigului nr 1158, Avrig, Rumunia, 555200

The surrounding area invites walks, hikes, and shared outdoor activities.







Workshops

During the project, the following workshops will be offered, in which participants will be able to take part:

Acrobatics

This workshop explores the art of movement, balance, and body control. Participants will work in international, mixed groups, testing their physical capabilities and developing flexibility and strength through engaging and energetic exercises.



Capoeira

An introduction to the Brazilian martial art Capoeira, which combines elements of combat, dance, music, and acrobatics. Participants will experience the fluidity and rhythmic dynamics of this form, with a focus on community and rhythmic coordination.

Participatory Photography

Through collaborative work, participants will not only learn the basics of photography but also have the opportunity to express their perspectives and develop greater awareness of their surroundings and personal experiences.

Creative Workshop

A space where participants can unleash their imagination, create, experiment, and work with a variety of materials in a creative and playful way.

Program



16.09. - Tuesday
Arrival day

17.09. - Wednesday
10:00 - Morning round
10:30 - Getting to know each other
15:00 - Introduction to the topic
18:00 - Evaluation
20:00 - Welcoming party

18.09. - Thursday
10:00 - Morning round
10:30 - Workshop group 1
15:00 - Workshop group 2
18:00 - Evaluation
20:00 - Participant-led evening

19.09. - Friday
10:00 - Morning round
Excursion to Sibiu
18:00 - Evaluation
20:00 - Participant-led evening



20.09. - Saturday
10:00 - Morning round
10:30 - Workshop group 3
15:00 - Workshop group 4
18:00 - Evaluation
20:00 - Participant-led evening

21.09. - Sunday
10:00 - Morning round
10:30 - Rally in Avrig
15:00 - Dinner preparation
18:00 - Evaluation
20:00 - Free stage

22.09. - Monday
10:00 - Rehearsals
15:00 - Evaluation of the project
17:00 - Final presentations
20:00 - Farewell party

23.09. - Tuesday
Departure day

What to bring with you:

Remember to bring your everyday essentials. Here are a few items that will be especially useful:

- Comfortable clothes and shoes for sports activities and easy hikes.
- There will also be dance parties – so bring an outfit you'd like to wear for those.
- Evenings can be damp and chilly – it's a good idea to pack a hoodie or a jacket.
- We also recommend bringing sunscreen and mosquito repellent.
- A reusable water bottle – the tap water is drinkable and will help you stay well hydrated.



Important Information for Partner Organizations

- There is no shop at the event venue. Participants should bring all their necessary everyday items with them. In case of urgent needs during the project, we will try to provide them.

- The currency in Romania is the leu (RON). Card payments are possible on site. Money can be exchanged at an exchange office near the highway. If traveling by bus, we can arrange a stop for currency exchange upon request. There is a café on site where drinks and sweets can be purchased.

- Partner organizations are responsible for insuring their participants. All participants should have with them a valid European Health Insurance Card. A doctor is available if needed. The hospital is about a 15-minute drive away.



Registration and Contact Information

All participants and group leaders are kindly requested to register by **August 16**, 2025, via the **link** below.

Project coordination and contact for questions and any kind of support - **Alla Bahlei** - bahlei@kreisau.de +49 (0)30 53 89 31 63 65

Project organizer:
Kreisau-Initiative e. V.
Website
Facebook
Youtube

We wish you a safe journey and look forward to meeting you in Avrig!

Kreisau-Initiative

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