

Kreisau-Initiative

krzyżowa
kreisau

Funded by
the European Union



FAIR SIGNS:
BACK TO PLAY

KRZYŻOWA (POLAND)
7-13.11.2026

ABOUT THE PROJECT

FAIR SIGNS IS AN INTERNATIONAL YOUTH EXCHANGE SERIES THAT PROMOTES INCLUSION, EQUAL PARTICIPATION, AND COMMUNICATION BEYOND SPOKEN LANGUAGE. IT BRINGS TOGETHER DEAF, HARD OF HEARING, AND HEARING YOUNG PEOPLE TO LEARN FROM EACH OTHER THROUGH NON-FORMAL EDUCATION, CREATIVITY, AND SHARED ACTIVITIES.

THE PROJECT CREATES A SPACE WHERE DIFFERENT WAYS OF COMMUNICATION ARE EQUALLY VALUED AND WHERE PARTICIPANTS CAN CONNECT THROUGH EXPERIENCE RATHER THAN WORDS.

EACH EDITION OF FAIR SIGNS FOCUSES ON A DIFFERENT THEME RELATED TO INCLUSION, IDENTITY, AND SOCIAL INTERACTION.



FAIR SIGNS: BACK TO PLAY

THIS EDITION EXPLORES PLAYFULNESS AS A POWERFUL AND UNIVERSAL WAY OF CONNECTING PEOPLE. PARTICIPANTS WILL DISCOVER HOW A PLAYFUL MINDSET CAN SUPPORT COMMUNICATION, BUILD TRUST, AND STRENGTHEN SOCIAL SKILLS IN DIVERSE GROUPS.

THROUGH GAMES, CREATIVE WORKSHOPS, AND NON-VERBAL ACTIVITIES, THE PROJECT ENCOURAGES PARTICIPANTS TO EXPERIENCE JOY, SPONTANEITY, AND IMAGINATION, USING PLAY AS A TOOL TO CONNECT BEYOND LANGUAGE BARRIERS AND CREATE INCLUSIVE, MEANINGFUL INTERACTIONS.



PROJECT VENUE

THE PROJECT “FAIR SIGNS: BACK TO PLAY” WILL TAKE PLACE AT THE INTERNATIONAL YOUTH MEETING CENTRE IN KRZYŻOWA, POLAND (IJBS KRZYŻOWA). IJBS KRZYŻOWA IS A RENOWNED VENUE WITH A LONG TRADITION OF HOSTING INTERNATIONAL YOUTH AND EDUCATIONAL PROJECTS, OFFERING A PEACEFUL AND WELL-EQUIPPED ENVIRONMENT FOR LEARNING, SHARING EXPERIENCES, AND PERSONAL DEVELOPMENT.

PARTICIPANTS WILL STAY IN COMFORTABLE ROOMS AND BE PROVIDED WITH FULL BOARD (BREAKFAST, LUNCH, AND DINNER). MEALS CAN BE FLEXIBLY ADAPTED TO INDIVIDUAL DIETARY NEEDS, INCLUDING VEGETARIAN, VEGAN, AND GLUTEN-FREE OPTIONS.

THE CENTRE’S FACILITIES INCLUDE SPACES FOR WORKSHOPS, GROUP ACTIVITIES, AND REFLECTION, AS WELL AS OUTDOOR AREAS SUITABLE FOR TEAM-BUILDING, RELAXATION, AND CREATIVE EXERCISES IN NATURE.



Address: Krzyżowa 7, 58-112 Grodziszcze, Poland



WORKSHOPS

AS PART OF THE “FAIR SIGNS – BACK TO PLAY” PROJECT, PARTICIPANTS WILL TAKE PART IN A SERIES OF CREATIVE AND MOVEMENT-BASED WORKSHOPS THAT USE PLAYFULNESS AS A TOOL FOR CONNECTION, EXPRESSION, AND WELL-BEING. EACH WORKSHOP INVITES PARTICIPANTS TO EXPLORE INTERCULTURAL COMMUNICATION AND MENTAL HEALTH THROUGH NON-VERBAL, INTERACTIVE, AND IMAGINATIVE METHODS.

EXPRESSIVE ART

THIS WORKSHOP OFFERS A SPACE TO EXPLORE EMOTIONS, IDENTITY, AND PERSONAL EXPERIENCES THROUGH VISUAL CREATION. USING PLAYFUL ARTISTIC METHODS, PARTICIPANTS WILL REFLECT ON MENTAL WELL-BEING AND SHARE THEIR PERSPECTIVES IN A NON-VERBAL WAY.



STOP MOTION

IN SMALL GROUPS, PARTICIPANTS WILL CREATE SHORT STOP-MOTION VIDEOS, COMBINING STORYTELLING, CREATIVITY, AND TEAMWORK. THIS PROCESS ENCOURAGES PLAYFUL COLLABORATION AND OFFERS A VISUAL WAY TO EXPRESS IDEAS RELATED TO COMMUNICATION AND MENTAL HEALTH.

WORKSHOPS

ACROBATICS

THROUGH SIMPLE ACROBATIC EXERCISES AND PARTNER WORK, PARTICIPANTS WILL BUILD TRUST, COOPERATION, AND BODY AWARENESS. PLAYFUL MOVEMENT WILL SUPPORT COMMUNICATION BEYOND WORDS AND STRENGTHEN GROUP CONNECTION.



DANCE IMPROVISATION

PARTICIPANTS WILL ENGAGE IN GUIDED IMPROVISATION, EXPLORING MOVEMENT AS A FORM OF SELF-EXPRESSION AND COMMUNICATION. THE FOCUS IS ON SPONTANEITY, CREATIVITY, AND CONNECTION, ALLOWING EVERYONE TO PARTICIPATE REGARDLESS OF EXPERIENCE.

TOGETHER, THESE WORKSHOPS CREATE AN INCLUSIVE ENVIRONMENT WHERE PARTICIPANTS CAN REDISCOVER PLAY, CONNECT ACROSS DIFFERENCES, AND EXPLORE NEW WAYS OF EXPRESSING THEMSELVES BEYOND BARRIERS.

PROGRAM DRAFT

7.11. - SATURDAY

ARRIVAL OF PARTICIPANTS

8.11. - SUNDAY

10:00 - MORNING ROUND
10:30 – GETTING TO KNOW EACH OTHER
15:00 – INTRODUCTION TO THE TOPIC
18:00 – DAY EVALUATION / REFLECTION
20:00 – WELCOME PARTY

9.11.-MONDAY

10:00 - MORNING ROUND
10:30 - WORKSHOP GROUP 1
15:00 - WORKSHOP GROUP 2
18:00 - EVALUATION
20:00 - EVENING ORGANIZED BY PARTICIPANTS

10.11. - TUESDAY

10:00 - MORNING ROUND
TRIP TO WROCŁAW
18:00 - EVALUATION
20:00 - EVENING ORGANIZED BY PARTICIPANTS

11.11. - WEDNESDAY

28.05. - THURSDAY
10:00 - MORNING ROUND
10:30 - WORKSHOP GROUP 1
15:00 - WORKSHOP GROUP 2
18:00 - EVALUATION
20:00 - EVENING ORGANIZED BY PARTICIPANTS

12.11. - THURSDAY

10:00 - MORNING ROUND
10:30 - REHERSALS
15:00 - FINAL CEREMONY, COMMON GATHERING
18:00 - EVALUATION
20:00 - FAREWELL PARTY

13.11. - FRIDAY

DEPARTURE OF PARTICIPANTS

WHAT TO BRING

REMEMBER TO BRING YOUR EVERYDAY PERSONAL ITEMS. HERE ARE A FEW THINGS THAT WILL BE ESPECIALLY USEFUL DURING THE PROJECT:

- COMFORTABLE CLOTHES AND SHOES FOR PHYSICAL ACTIVITIES AND SHORT WALKS.
- CLOTHING FOR DANCE OR SOCIAL EVENTS – YOU'LL HAVE EVENING DANCE ACTIVITIES, SO BRING AN OUTFIT YOU'D LIKE TO WEAR.
- WARM LAYERS FOR COLDER EVENINGS – IT CAN BE CHILLY AND DAMP IN NOVEMBER, SO BRING A HOODIE, WARM JACKET, OR OTHER APPROPRIATE CLOTHING.
- REUSABLE WATER BOTTLE – TAP WATER IS SAFE TO DRINK, AND STAYING HYDRATED IS IMPORTANT EVEN IN COLDER WEATHER.









INFORMATION FOR PARTNER ORGANISATIONS



- THERE IS NO SHOP AT THE VENUE, SO PARTICIPANTS SHOULD BRING ALL NECESSARY PERSONAL ITEMS WITH THEM. IN CASE OF URGENT NEEDS DURING THE PROJECT, WE WILL DO OUR BEST TO PROVIDE THEM.



- THE CURRENCY IN POLAND IS THE POLISH ZŁOTY (PLN). CARD PAYMENTS ARE USUALLY ACCEPTED AT THE VENUE. MONEY CAN ALSO BE EXCHANGED AT EXCHANGE OFFICES IN NEARBY TOWNS OR ALONG THE WAY IF TRAVELING BY BUS – WE CAN PLAN A STOP FOR CURRENCY EXCHANGE UPON REQUEST. THERE IS A CAFÉ AT THE VENUE WHERE DRINKS AND SNACKS CAN BE PURCHASED.

- PARTNER ORGANIZATIONS ARE RESPONSIBLE FOR THE INSURANCE OF THEIR PARTICIPANTS. ALL PARTICIPANTS SHOULD BRING THEIR EUROPEAN HEALTH INSURANCE CARD (EHIC). A DOCTOR IS AVAILABLE IF NEEDED, AND THE NEAREST HOSPITAL IS APPROXIMATELY 15 MINUTES AWAY

REGISTRATION AND CONTACT INFORMATION

ALL PARTICIPANTS AND GROUP LEADERS ARE ASKED TO REGISTER BY 20 OCTOBER 2026 VIA THE LINK BELOW.



PROJECT COORDINATION AND CONTACT
FOR QUESTIONS OR ANY KIND OF SUPPORT:
ALLA BAHLEI - BAHLEI@KREISAU.DE
+49 (0)30 53 89 31 63 65

PROJECT ORGANIZER:
KREISAU-INITIATIVE E. V.
WEBSITE
FACEBOOK
YOUTUBE

WE WISH YOU A SAFE JOURNEY AND LOOK FORWARD TO SEEING YOU AT THE PROJECT IN KRZYŻOWA!!

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